

Celecoxib (Celebrex) Weaning Protocol – Postoperative Use

Purpose:

To safely and gradually reduce Celecoxib (Celebrex) after surgery while maintaining comfort and minimizing inflammation or rebound pain.

Initial Dosing

- **Celebrex 200 mg by mouth twice daily (BID)**
 - Start immediately right after surgery ASAP with food (Day 0).
 - Continue for **the first 5 days** unless otherwise directed.

Step-Down (Weaning) Schedule

If pain is well controlled after 5 days, start weaning schedule:

Decrease one of the two dosages to 100 mg. If your pain seems worse in the morning or at night, continue 200 mg for that dose and decrease the other dose that day.

If pain is well controlled, after another 1-2 days, you can decrease to 100 mg twice a day.

If pain is well controlled, after another 1-2 days, you can decrease to 100 mg once a day. If you see more uncomfortable in the morning or at night, then that is the time you should take your daily dose.

If pain is well controlled, after another 1-2 days, you can stop Celebrex altogether.

If at any point, your pain gets worse, you can just go up to the previous step and previous dosage you were on.

Initial Dosing

To make it easier for you and so that you do not have multiple prescriptions our office prescribed Celebrex 100 mg tablets. Quantity = 40

Additional Instructions

- Always take Celebrex **with food** and a full glass of water.
- If gastrointestinal discomfort, swelling, rash, or elevated blood pressure occurs, **stop the medication** and contact the office.
- For patients on anticoagulants or with cardiac, renal, or GI disease, individual adjustments may be required.

Tylenol

Please do not forget to also take Tylenol 650 mg twice a day alternating with Celebrex, meaning something for pain every six hours for the first five days. On day # 6, you can take only one Tylenol and then stop it for day # 7.

Narcotics

These can be taken for breakthrough pain as needed per the instructions on the bottle.

Contact Information

For any concerns or worsening pain, call:
Dr. Sam Speron Plastic Surgery
7157 W. Howard St., Niles, IL 60714
(847) 696-9900